SMOKE-FREE WORK SITES TOP TEN FINANCIAL BENEFITS TO EMPLOYERS

Financial benefits resulting from implementing a smoke-free workplace policy:

- **Reduced cleaning and maintenance costs**
- **Reduced number of fire incidents**
- **Reduced cost of fire insurance**

Financial benefits when the policy results in employees quitting smoking:

- **Reduced absenteeism**
- Reduced amount of work time wasted by employees on smoking ritual
- Reduced health care costs
- **Reduced life insurance premium costs**
- Reduced risk of industrial accidents and occupational injuries
- **Reduced disability costs**
- **Reduced number of disciplinary actions**

Western Center for the Application of Prevention Technologies
Funded by the Center for Substance Abuse Prevention, SAMHSA

REFERENCES

The high price of cigarette smoking. (1997, August). B&H Special Report, 6-9.

Bertera, R. L. (1991, November). The effects of behavioral risks on absenteeism and health-care costs in the workplace. *J Occup Med*, 33:1119-1124.

Cascio, W. F. (1982). Costing the effects of smoking at the work place. In Cascio, W. F., <u>Costing Human Resources: The Financial Impact of Behavior in Organizations</u> (pp. 65-78). Boston, Mass: Kent Publishing Co.

Enzenauer, R.W. (1986, August) Smoke in the workplace: cost and health consequences. *Military Medicine*, 151:453.

Hawker, R., & Holtby, I. (1988). Smoking and absence from work in a population of student nurses. *Public Health* (London), 102:161-167.

Hocking, B., Grain, H., Gordon, I. (1994, October 3). The cost to industry of illnesses related to alcohol and smoking: a study of Telecom Australia employees. *The Med J of Australia*, 161:407-523.

Kristein, M.M. (1983). How much can business expect to profit from smoking cessation? *Prev Med*, 12:358-381.

Lesmes, G.R. (1992, July 15). Corporate healthcare costs and smoke-free environments. *The Am J Med*, 93:1A48S-1A54S.

Penner, M., & Penner, S. (1990, June). Excess insured health care costs from tobaccousing employees in a large group plan. *J Occup Med*, 32:521-523.

Ryan, J., Zwerling, C., Orav, E.J. (1992, January). Occupational risks associated with cigarette smoking: a prospective study. *Am J Public Health*, 82:29-32.

Stillman, F. A., Becker, D. M., Swank, R. T., et al. (1990, September 26). Ending smoking at the Johns Hopkins Medical Institutions, an evaluation of smoking prevalence and indoor air pollution. *JAMA*, 264:1565-1569.

Van Tuinen, M., & Land, G. (1986, January). Smoking and excess sick leave in a department of health. *J Occup Med*, 28:33-35.